

BEFORE SCHOOL FUEL YOUR DAY – EAT BREAKFAST!

(All Breakfast items are ●)

Up & Go Liquid Breakfast	\$2.70	
Yogo Chocolate	\$2.80	
Yoghurt	\$2.80	
Seasonal Fruit	\$1.00	
Small and large drinks	\$2.80	\$4.30
HiLo milk	\$1.00	
100% fruit juice	\$3.00	
Spring water	\$2.00	
Iced Tea	\$3.00	

MORNING BREAK

● Morning Break Items	
Sushi Tuna/Chicken (GF)	\$5.00
Fruit Salad (Term 1)	\$4.00
Berry Cup	\$3.00
Popcorn (Plain)	\$1.00
● Morning Break Items	
Potato Gems (Available Mondays)	\$2.80
Muffins (Available Mondays)	\$3.00
Ham and Cheese Croissant (Available Mondays)	\$3.50
Sausage Roll (Good Eating variety available Tuesdays and Thursdays)	\$2.80
Pizza Cheezie (Available Tuesdays & Fridays)	\$2.80
Rounder (Available Wednesdays)	\$2.80
Hash Brown (Available Wednesdays)	\$2.80
Pizzas (Available Thursdays)	\$3.00
Cruiser Pies (Available Fridays)	\$3.50

ORDERING

**PLEASE ORDER YOUR LUNCH
BEFORE SCHOOL**

Late lunch orders may not be able to be filled.

Thank you for your cooperation!

**DO NOT LOSE THE TOKEN
YOU ARE GIVEN FOR YOUR ORDER!**

If you do, you will have to wait until lunches have been collected to see if yours is still there (someone else could have found your token and used it to collect a free lunch).

**USE YOUR TOKEN
ON THE DAY IT IS ISSUED**

Our system relies on orders for a particular day being collected on that day. If you must go home unexpectedly for sickness, a note from the nurse or front office entitles you to a refund when you are back at school and return the token. If you notify the canteen and return the token before going home, you will receive an immediate refund.

ONLINE ORDERING AVAILABLE

Go to
www.leeming.wa.edu.au/canteen-online-orders/



LEEMING SHS
HARMONY ~ EXCELLENCE



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CANTEEN MENU 2021

OPENING HOURS

Before School	8.00 am – 8.30 am
Recess	10.30 am – 11.00 am
Lunch	1.15 pm – 1.45 pm

**CANTEEN COORDINATOR:
MRS DEBBIE BOWIE**

The Canteen service is provided
by the P&C

Surplus funds benefit our school

Volunteers welcome!



This menu complies with the government's "traffic light system for public schools.

Foods in the **GREEN** category are encouraged.

AMBER foods should only be eaten in moderation.

RED foods are not available.

DAILY SPECIALS

> \$5

MONDAY

Sweet Chilli Chicken Roll
+ Salad (extra \$1)

TUESDAY

Nachos
Meatball Sub

WEDNESDAY

Beef Burger +Salad
Cheese (extra \$1)
Bacon Carbonara

THURSDAY

Pork Riblet Roll
Salad (extra \$1)
Nachos
Chicken (extra \$1)

FRIDAY

Chicken Burger
+ Salad (extra \$1)

Check Notice Board for Other Specials

HOT SELECTIONS

AVAILABLE EVERY DAY

● Vegetable Friend Rice (V) (GF)	\$5.00
● Macaroni Cheese (V)	\$5.00
● Lasagne	\$5.00
● Hot Dog	\$4.00
● Spinach and Ricotta Roll (V)	\$3.00
● Noodles-Nannee Cups - Chicken, Beef, Mi Goreng	\$3.00
Toasted Sandwich(white or wholemeal bread)	
Choice of one filling - All fillings are ●	\$3.00
Cheese	
Chicken	
Tuna	
Baked Beans	
Spaghetti	
Ham	
Two fillings from above list	\$4.00
Add tomato to above	\$0.50

SALAD & SUSHI ●

AVAILABLE EVERY DAY

Salad Plate (V)	\$4.00
Lettuce, tomato, carrot, cucumber, egg (Mayonnaise optional)	
With Ham, Chicken Tuna or Cheese	\$5.00
Sushi (4 Pack) Tuna	\$5.00
Sushi (4 Pack) Chicken (GF)	\$5.00

SANDWICHES & ROLLS

AVAILABLE EVERY DAY

\$ 3 Sandwich - All sandwiches are ●	\$3.00
Egg	
Chicken	
Ham	
Cheese	
Tuna	
Salad	

\$4 .50 Sandwich - All sandwiches ●	\$4.50
Egg and Salad	
Chicken and Salad	
Ham and Salad	
Cheese and Salad	
Tuna and Salad	

Extra Salad filling in Sandwich ●	
Beetroot or lettuce or tomato or carrot or cucumber	\$0.50 per filling
Extra Protein filling in Sandwich ●	
Egg or Cheese or Ham or Tuna or Chicken	\$1.00 per filling

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DRINKS & OTHER

AVAILABLE AT ALL TIMES

Small Drink	\$2.80
● Orange C or Flavoured Milk (various)	
Large Drink	\$4.30
● Orange C or Flavoured Milk (various)	
100% Fruit Juice - all juice are ●	\$3.00
Apple	
Orange	
Apple/Blackcurrant	
Spring Water	\$2.00
Hilo Milk (225 ml)	\$1.00
Up & Go Liquid Breakfast	\$2.80
Yogo (Chocolate Only)	\$2.80
Yoghurt	\$2.80
Seasonal Fruit	\$1.00
Juice Bombs	\$2.80
Berry Cup	\$3.00
Iced Tea	\$3.00

AVAILABLE AT LUNCH BREAK ONLY

● Ice Cream	\$1.50
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MISCELLANEOUS ITEMS

Tomato, Chilli or BBQ Sauce portion	\$0.30
Extra knife, fork or spoon	\$0.10

(v) is a Vegan Item
(GF) is a Gluten Free Item